

# HLHP - HEALTH AND HUMAN PERFORMANCE

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**HLHP615 Crises of Aging: Time, Retirement and Widowhood (3 Credits)**

A cross-disciplinary and multidisciplinary investigation of phenomena which comprise a significant portion of the issues confronting an older adult's life: (1) introduction to multiple processes of adulthood and aging; (2) the concepts and meaning of time; (3) pre-retirement and retirement adjustments; and (4) loss and widowhood.

**Formerly:** PERH615.

**HLHP625 Issues in Retirement: Theory and Practice (3 Credits)**

Multidisciplinary examination of retirement phenomena, including theories of transition, government and private sector policies, social expectations, physical correlates, personal adjustments, and economic consequences. Emphasis upon research utilization.

**Formerly:** PERH625.

**HLHP688 Field Work in Aging (1-6 Credits)**

Sequences of supervised field experience in the field of aging, including direct service, administration, research, or training. Emphasis on career exploration and assessment in relation to the field of aging.

**Prerequisite:** Permission of SPHL-School of Public Health.

**Formerly:** PERH688.

**HLHP689 Selected Problems in Health, Physical Education and Recreation (1-6 Credits)**

Research projects in special areas in health, physical education and/or recreation which have interdisciplinary implications not covered in structured courses.

**Formerly:** PERH689.

**HLHP780 Interdisciplinary Issues in Aging (3 Credits)**

Multidisciplinary approaches to the processes of aging to achieve a more holistic understanding. Pedagogical research dissemination, peer instruction, guest lecturing, and informal discussion. The demonstration of the multilateral nature of growing older. Discussion of cross-disciplinary and interdisciplinary research proposals.

**Formerly:** PERH780.