COUPLE AND FAMILY THERAPY (FCFT)

Graduate Degree Program
College: Public Health

Abstract
The mission of the CFT Master’s program is to prepare competent,
effective therapists for clinical practice and advancement of the marriage
and family therapy discipline. The program seeks to train professionals
who demonstrate superior therapeutic skills, ethical integrity, intellectual
curiosity, and a sincere commitment to working with families from diverse
populations.

The M.S. in Couple and Family Therapy (CFT) provides students with the
coursework and supervised clinical training typically required in states
with Marriage and Family Therapy licensure. The program is accredited
by the Commission on Accreditation for Marriage and Family Therapy
Education of the American Association for Marriage and Family Therapy
(AAMFT). The Couple and Family Therapy M.S. program require 48 credits
for the non-thesis option and 51 credits for the thesis option. Completion
of the program, which includes the 2-year internship, generally requires 2
years.

The Department of Family Science prepares students to describe, explain,
and improve the quality of life through applied research, education,
therapy, human services, policy analysis, and advocacy. The approach
is interdisciplinary, emphasizing individual, interpersonal, and social
change. The program of study is based on a system or ecological
paradigm, combining the perspectives of interrelated professional fields
of family science, maternal and child health, couple and family therapy,
family policy, behavioral science, and human services. Graduates are
prepared for careers in the public, non-profit and private sectors, including
university teaching, research, family policy analysis, and administrative
positions in human services and public health programs.

Financial Assistance
Graduate Assistantships are available to students admitted into the CFT
program.

Contact
For additional information, please contact the Department of Family
Science at fmsc@umd.edu

Department of Family Science
1142 School of Public Health Building
4200 Valley Drive
University of Maryland
College Park, MD 20742
Phone: 301.405.3672
Fax: 301.314.9161

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Website: http://www.sph.umd.edu/fmsc (http://www.sph.umd.edu/
fmsc/)

Courses: FMSC (https://academiccatalog.umd.edu/graduate/courses/
fmsc/)

Admissions
General Requirements
• Statement of Purpose
• Transcript(s)
• TOEFL/IELTS/PTE (international graduate students (https://
gradschool.umd.edu/admissions/english-language-proficiency-
requirements/))

Program-Specific Requirements
• Letters of Recommendation (3)
• Graduate Record Examination (GRE)
• Supplementary Application (https://gradschool.umd.edu/
sites/gradschool.umd.edu/files/uploads/admissionsforms/
umdsupplementaryapplicationfcft.pdf)

For more admissions information or to apply to the program, please visit
our Graduate School website: www.gradschool.umd.edu/admissions
(http://www.gradschool.umd.edu/admissions/)

Application Deadlines
Type of Applicant Fall Deadline
Domestic Applicants
US Citizens and Permanent
Residents January 15, 2021
International Applicants
F (student) or J (exchange visitor) visas; A, E, G, H, I and L visas and
immigrants January 15, 2021

RESOURCES AND LINKS:
Other Deadlines: sph.umd.edu (http://www.sph.umd.edu)
Program Website: sph.umd.edu/department/fmsc/cft-admissions (http://
sph.umd.edu/department/fmsc/cft-admissions/)
Application Process: gradschool.umd.edu/admissions/application-
admissions/application-process/step-step-guide-applying/)

Requirements
• Couple and Family Therapy, Master of Science (M.S.) (https://
academiccatalog.umd.edu/graduate/programs/couple-family-
therapy-fcft/couple-family-therapy-ms/)

Facilities and Special Resources
Center is the training and research arm of the Couple and Family Therapy
Program in the Department of Family Science. Departmental graduate
students and faculty provide clinical and educational services to families
from surrounding communities in this state-of-the-art facility. Master's

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Program Website: sph.umd.edu/department/fmsc/cft-admissions (http://
sph.umd.edu/department/fmsc/cft-admissions/)
Application Process: gradschool.umd.edu/admissions/application-
admissions/application-process/step-step-guide-applying/)

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from surrounding communities in this state-of-the-art facility. Master's
and doctoral students use data collected at the Center for research
projects.

The University's close proximity to the nation's capital, the state capital in
Annapolis, federal executive departments, and headquarters of national
professional and public interest associations provide research and
internship placements for studying family policy unmatched by any
other graduate program in the discipline. The Washington-Baltimore
metropolitan area offers rich opportunities for research on culturally
and socioeconomically diverse families. The campus and department
have excellent computer facilities. Students have ready access to the
University's extensive library systems, as well as holdings from the
Library of Congress, the National Institutes of Health, National Library of
Medicine, National Archives, and many other library collections.