PHYSICAL ACTIVITY (ONLINE) (PHAO)

Graduate Degree Program
College: Public Health

ABSTRACT

The Master of Public Health (MPH Online) degree with a concentration in Physical Activity is a 45-credit professional degree administered by the Department of Kinesiology. All MPH students with a concentration in Physical Activity will complete six public health core courses, eight courses in the physical activity and related cognate area, a practical experience, and a capstone project.

CONTACT

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ADMISSIONS

The **Online MPH in Physical Activity** program has a two-part application process: applicants must submit the SOPHAS application (sophas.cas.myliaison.com (http://sophas.cas.myliaison.com)), the centralized application service for schools and programs of public health, and the UMD Supplemental application (https://terpengage.umd.edu/community/CustomLoginPage/?GradApp=True). Both applications must be submitted, complete with all required documents and verified by the scheduled deadline (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process/). Applications will be reviewed once both the SOPHAS and UMD Supplemental applications are complete.

GENERAL ADMISSION REQUIREMENTS

- A Bachelor's degree
- Minimum 3.0 undergraduate GPA
- At least one undergraduate math course
- Transcripts from all previous coursework
- English proficiency test score (TOEFL, IELTS or PTE) (international applicants (https://gradschool.umd.edu/admissions/english-language-proficiency-requirements/))
- Statement of purpose and objectives
- Response to personal experiences question(s)

PROGRAM SPECIFIC REQUIREMENTS

- SOPHAS application & UMD Supplemental application
- The statement of purpose should include career and educational goals, professional experience, and public health areas of interest
- At least one undergraduate math course
- Resume or curriculum vitae
- Three letters of recommendation
- Alignment between the applicant's professional goals and expectations and the program's degree competencies and faculty expertise
- Description of Research/Work Experience (Optional)
- Portfolio PDF Upload (Optional)
- Official GRE Test Score submission is not required and won't be reviewed
- Applicants being considered for the program may be invited for a virtual interview via Zoom

Note for applicants with foreign credentials:

- The SOPHAS application requires that applicants submit a WES credential evaluation (https://help.liaisonedu.com/SOPHAS_Applicant_Help_Center/Sending_Your_Official_Transcripts_and_Test_Scores_to_SOPHAS/Sending_Official_Transcripts_to_SOPHAS/2_Foreign_and_French-Canadian_Transcripts/)
- The UMD supplemental application requires uploading unofficial transcripts issued in the original language with a literal English translation. Visit the Graduate School website for additional information (https://gradschool.umd.edu/admissions/international-admissions/)
- Evidence of English Language proficiency is required if the applicant does not hold a degree from a U.S. institution or from one of the English-speaking countries listed on the Graduate School website (https://gradschool.umd.edu/admissions/english-language-proficiency-requirements/)
- Language scores must be submitted both to SOPHAS and the UMD supplemental applications

For detailed instructions on how to apply, please visit the School of Public Health Website: sph.umd.edu/graduate-application-process **(**https://sph.umd.edu/graduate-application-process/**)**

APPLICATION DEADLINES

Type of Applicant	Fall Deadline	Spring Deadline	Summer Deadline
Domestic Applicants			
US Citizens and Permanent Residents	N/A	N/A	May 14, 2027
			This program admits students for the summer only. See the department's website for information on applying to this program.

International Applicants			
F (student) or J (exchange visitor) visas; A,E,G,H,I and L visas and immigrants	N/A	N/A	May 14, 2027
			This program admits students for the summer only. See the department's website for information on applying to this program.

*Visa Eligibility: This program is not eligible for I-20 or DS-2019 issuance by the University of Maryland. International students who currently reside in the U.S. on existing visas may apply.

RESOURCES AND LINKS

Deadlines: sph.umd.edu/graduate-application-process (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process/#deadlines)
SPH Program Website: sph.umd.edu/mph-physical-activity-online (https://sph.umd.edu/academics/masters-degrees/mph-master-public-health/mph-physical-activity-online/)
OES Program Website: https://exst.umd.edu/professionals-post-baccalaureates/professional-graduate-programs/school-public-health-graduate-programs-online/mph-physical-activity (https://exst.umd.edu/professionals-post-baccalaureates/professional-graduate-programs/school-public-health-graduate-programs-online/mph-physical-activity/)
Application Process: sph.umd.edu/graduate-application-process (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process/)
Admissions FAQ: sph.umd.edu/graduate-application-faqs (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-faqs/)

REQUIREMENTS

- Physical Activity, Master of Public Health (M.P.H) (https://academiccatalog.umd.edu/graduate/programs/physical-activity-online-phao/physical-activity-online-mph/)

FACILITIES AND SPECIAL RESOURCES

The Department of Kinesiology has three areas of specialization: Cognitive Motor Neuroscience, Exercise Physiology, and Physical Cultural Studies. Laboratories are maintained, which support original investigations in each of the three areas. Laboratories include equipment for measuring metabolic parameters, strength, body composition, postural sway, ground reaction forces, amount of physical activity in daily life, as well as muscle biopsies and movement analysis. The response of the human body to physical activity/exercise can be viewed through ECG, EEG, EMG and systematic behavior observation systems. Each of the three research areas has interfaced computer hardware and software to support data collection and analysis. Collaborations with the School of Medicine at the Baltimore campus and with NIH often result in the availability of other facilities and equipment. All graduate students have access to computers and other forms of technology. Details and pictures of current facilities and equipment are available at our website: www.sph.umd.edu/KNES/ (http://www.sph.umd.edu/KNES/).