**PHYSICAL ACTIVITY (PHAC)**

**Graduate Degree Program**  
College: Public Health

**Abstract**  
The Master of Public Health (MPH) degree with a concentration in Physical Activity is a 45-credit professional degree, administered by the Department of Kinesiology. All MPH students with a concentration in Physical Activity will complete five public health core courses, eight courses in the physical activity and related cognate area, an internship, and a capstone project.

**Contact**  
Shannon Jette  
Graduate Director  
Department of Kinesiology  
2363 School of Public Health Building  
4200 Valley Drive  
University of Maryland  
College Park, MD 20742  
Telephone: 301.405.2497  
Email: jette@umd.edu

**Website:** http://www.sph.umd.edu  
**Courses:** KNES (https://academiccatalog.umd.edu/graduate/courses/knes/)

**Admissions**  
The MPH in Physical Activity program has a two-step application process. Applicants first submit the SOPHAS application (www.sophas.org (https://sophas.org/)), the centralized application service for schools and programs of public health (Step 1). Once the SOPHAS application has been verified applicants will submit their UMD Supplemental application (Step 2). Applicants will receive an email from the SPH Admissions team with instructions for how to complete the UMD Supplemental application. Applications will not be reviewed until both the SOPHAS and UMD Supplemental applications are completed.

**GENERAL ADMISSION REQUIREMENTS**  
- A Bachelor’s degree  
- Minimum 3.0 undergraduate GPA  
- At least one undergraduate math course  
- Transcripts from all previous coursework  
- English proficiency test score (TOEFL, IELTS or PTE) (international applicants (https://gradschool.umd.edu/admissions/english-language-proficiency-requirements/))  
- Statement of purpose and objectives including career and educational goals, professional experience, and areas of interest

**PROGRAM SPECIFIC REQUIREMENTS**  
- SOPHAS application (Step 1) & UMD Supplemental application (Step 2)  
- Three letters of recommendation  
- Resume or curriculum vitae  
- Official GRE Test Score submission is not required. GRE scores won’t be reviewed.

For detailed instructions on how to submit your application, please visit the School of Public Health Website: (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process/))

**APPLICATION DEADLINES**

<table>
<thead>
<tr>
<th>Type of Applicant</th>
<th>Fall Deadline</th>
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<tbody>
<tr>
<td>Domestic Applicants</td>
<td>SOPHAS - Priority: 17 Dec / Final: 6 May</td>
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<tr>
<td>US Citizens and Permanent Residents</td>
<td>Supplemental - Priority: 14 Jan / Final: 3 Jun</td>
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<th>International Applicants</th>
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<tr>
<td>F (student) or J (exchange visitor) visas; A,E,G,H,I and L visas and immigrants</td>
<td>SOPHAS - Priority: 17 Dec / Final: 11 Feb</td>
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<td>Supplemental - Priority: 14 Jan / Final: 11 Mar</td>
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**RESOURCES AND LINKS**


**Application Process:** https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process/)

**Admissions FAQ:** https://sph.umd.edu/admissions/graduate-admissions/graduate-application-faqs (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-faqs/)

**Requirements**  
- Physical Activity, Master of Public Health (M.P.H.) (https://academiccatalog.umd.edu/graduate/programs/physical-activity-phac/physical-activity-mph/)

**Facilities and Special Resources**  
The Department of Kinesiology has three areas of specialization: Cognitive Motor Neuroscience, Exercise Physiology, and Physical Cultural Studies. Laboratories are maintained, which support original investigations in each of the three areas. Laboratories include equipment for measuring metabolic parameters, strength, body composition, postural sway, ground reaction forces, amount of physical activity in daily life, as well as muscle biopsies and movement analysis. The response of the human body to physical activity/exercise can be viewed through ECG, EEG, EMG and systematic behavior observation systems. Each of the three research areas has interfaced computer hardware and software to support data collection and analysis. Collaborations with the School of Medicine at the Baltimore campus and with NIH often result in the availability of other facilities and equipment. All graduate students have access to computers and other forms of technology. Details and pictures of current facilities and equipment are available at our website: www.sph.umd.edu/KNES/ (http://www.sph.umd.edu/KNES/).