PHYSICAL ACTIVITY (PHAC)
Graduate Degree Program
College: Public Health

Abstract
The Master of Public Health (MPH) degree with a concentration in Physical Activity is a 45-credit professional degree, administered by the Department of Kinesiology. All MPH students with a concentration in Physical Activity will complete five public health core courses, eight courses in the physical activity and related cognate area, an internship, and a capstone project.

Contact
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Courses: KNES (https://academiccatalog.umd.edu/graduate/courses/knes/)

Admissions
PART 1. SOPHAS APPLICATION
• Complete the online SOPHAS application (http://www.sophas.org/).
• Choose the University of Maryland College Park School of Public Health program (http://sophas.org/program-finder/?institution=1016) to which you would like to apply.
• You may apply to only one UMD SPH program per application cycle.
• You must send an official transcript for all completed college courses. These transcripts go directly to SOPHAS.
• We require 3 letters of recommendation. Your references will receive an email invite from SOPHAS to complete the recommendation online.
• Test scores, GRE and English proficiency (IELTS and TOEFL) scores must be sent to 5688 & 5814.
• Pay the SOPHAS application fee.
• Your SOPHAS application will go through several phases including submission, completion and verification. Verification can take up to four weeks, therefore we recommend starting the application early.

PART 2: UNIVERSITY OF MARYLAND SUPPLEMENTAL APPLICATION
• The supplemental application is completed online via an emailed invitation from the UMD graduate school.
• The invite is sent within one week of your SOPHAS verification date to the email on file with SOPHAS.
• The title of the email is ‘please complete the school of public health supplemental application.’
• This application requires demographic and residency questions, transcript, and application fee.

• You must submit a PDF copy of your undergraduate degree transcript (the transcript that indicates degree awarded).
• The application fee is $75.00
• Upon completion of BOTH parts, you will receive notification of 'Under Committee Review', which means the application has been sent to the review committee.

For more information, please visit the School of Public Health website (http://sph.umd.edu/content/graduate-admissions/).

APPLICATION DEADLINES
Type of Applicant Fall Deadline
Domestic Applicants
US Citizens and Permanent Residents 18 Dec (Priority); 7 May (Final)
International Applicants
F (student) or J (exchange visitor) visas; A,E,G,H,I and L visas and immigrants 18 Dec (Priority); 19 Feb (Final)

Requirements
• Physical Activity, Master of Public Health (M.P.H.) (https://academiccatalog.umd.edu/graduate/programs/physical-activity-phac/physical-activity-mph/)

Facilities and Special Resources
The Department of Kinesiology has three areas of specialization: Cognitive Motor Neuroscience, Exercise Physiology, and Physical Cultural Studies. Laboratories are maintained, which support original investigations in each of the three areas. Laboratories include equipment for measuring metabolic parameters, strength, body composition, postural sway, ground reaction forces, amount of physical activity in daily life, as well as muscle biopsies and movement analysis. The response of the human body to physical activity/exercise can be viewed through ECG, EEG, EMG and systematic behavior observation systems. Each of the three research areas has interfaced computer hardware and software to support data collection and analysis. Collaborations with the School of Medicine at the Baltimore campus and with NIH often result in the availability of other facilities and equipment. All graduate students have access to computers and other forms of technology. Details and pictures of current facilities and equipment are available at our website: www.sph.umd.edu/KNES/ (http://www.sph.umd.edu/KNES/).