PHYSICAL ACTIVITY (PHAC)

Graduate Degree Program
College: Public Health

Abstract

The Master of Public Health (MPH) degree with a concentration in Physical Activity is a 45-credit professional degree, administered by the Department of Kinesiology. All MPH students with a concentration in Physical Activity will complete five public health core courses, eight courses in the physical activity and related cognate area, an internship, and a capstone project.

Contact

Dr. Valerie Cholet
Director Online MPH in Physical Activity
School of Public Health Building
Department of Kinesiology
4200 Valley Drive
University of Maryland
College Park, MD 20742
Telephone: 484.561.9401
Email: vcholet@umd.edu (https://academiccatalog.umd.edu/graduate/programs/physical-activity-phac/vcholet@umd.edu)

Website: http://www.sph.umd.edu
Courses: KNES (https://academiccatalog.umd.edu/graduate/courses/knes/)

ADMISSIONS

The MPH in Physical Activity program has a two-step application process. Applicants first submit the SOPHAS application (www.sophas.org (https://sophas.org/)), the centralized application service for schools and programs of public health (Step 1). Once the SOPHAS application has been verified applicants will submit their UMD Supplemental application (Step 2). Applicants will receive an email from the SPH Admissions team with instructions for how to complete the UMD Supplemental Application. Applications will not be reviewed until both the SOPHAS and UMD Supplemental applications are completed.

GENERAL ADMISSION REQUIREMENTS

- A Bachelor's degree
- Minimum 3.0 undergraduate GPA
- At least one undergraduate math course
- Transcripts from all previous coursework
- English proficiency test score (TOEFL, IELTS or PTE) (international applicants (https://gradschool.umd.edu/admissions/english-language-proficiency-requirements/))
- Statement of purpose and objectives including career and educational goals, professional experience, and areas of interest

PROGRAM SPECIFIC REQUIREMENTS

- SOPHAS application (Step 1) & UMD Supplemental application (Step 2)
- Three letters of recommendation
- Resume or curriculum vitae
- Official GRE Test Score submission is not required. GRE scores won't be reviewed.
- Applicants being considered for the program may be invited for a virtual interview via Zoom.

For detailed instructions on how to submit your application, please visit the School of Public Health Website: (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process/))

APPLICATION DEADLINES

Type of Applicant	Fall Deadline
Domestic Applicants	
US Citizens and Permanent Residents	SOPHAS - Priority: 17 Dec / Final: 6 May
	Supplemental - Priority: 14 Jan / Final: 3 Jun
International Applicants	
F (student) or J (exchange visitor) visas; A,E,G,H,I and L visas and immigrants	SOPHAS - Priority: 17 Dec / Final: 11 Feb
	Supplemental - Priority: 14 Jan / Final: 11 Mar

RESOURCES AND LINKS

Program Website: https://sph.umd.edu/academics/masters-degrees/mph-master-public-health/mph-physical-activity (https://sph.umd.edu/academics/masters-degrees/mph-master-public-health/mph-physical-activity/)
Application Process: https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-process/)
Admissions FAQ: https://sph.umd.edu/admissions/graduate-admissions/graduate-application-faqs (https://sph.umd.edu/admissions/graduate-admissions/graduate-application-faqs/)

REQUIREMENTS

- Physical Activity, Master of Public Health (M.P.H.) (https://academiccatalog.umd.edu/graduate/programs/physical-activity-phac/physical-activity-mph/)

FACILITIES AND SPECIAL RESOURCES

The Department of Kinesiology has three areas of specialization: Cognitive Motor Neuroscience, Exercise Physiology, and Physical Cultural Studies. Laboratories are maintained, which support original investigations in each of the three areas. Laboratories include equipment for measuring metabolic parameters, strength, body composition, postural sway, ground reaction forces, amount of physical activity in daily life, as well as muscle biopsies and movement analysis. The response of the human body to physical activity/exercise can be viewed through ECG, EEG, EMG and systematic behavior observation systems. Each of the three research areas has interfaced computer hardware and software to support data collection and analysis. Collaborations with the School of Medicine at the Baltimore campus and with NIH often result in the availability of other facilities and equipment. All graduate students have access to computers and other forms of technology. Details and

pictures of current facilities and equipment are available at our website: www.sph.umd.edu/KNES/ (http://www.sph.umd.edu/KNES/).