ARMY101 Basic Military Science I (1 Credit)
An exploration of leadership application through classroom instruction, leadership training and mentorship, adventure exercises and camaraderie. Hands on experience in managerial operations and military techniques. Applied military customs and techniques through physical and mental training.

ARMY102 Basic Military Science II (1 Credit)
The continuation of the exploration of leadership application through classroom instruction, leadership training and mentorship, adventure exercises and camaraderie.

ARMY103 Basic Army Physical Fitness (2 Credits)
This course allows beginners to learn the basic Army Physical Fitness program. Through a series of rigorous progressive workouts, the student advances from novice status to meet the requirements of the Army Physical Fitness Test. Course content also introduces students to Army managerial skills and basic military tactics and techniques.
Recommended: ARMY101.

ARMY104 Basic Army Physical Fitness II (2 Credits)
This course expands knowledge and proficiency in Basic Army Physical Fitness. Through a continued progressive, rigorous workouts, students improve individual fitness levels to exceed the Army Physical Fitness Test requirements. Course content also continues exploration of managerial skills and basic military tactics and techniques.
Recommended: ARMY102.

ARMY105 Basic Military Science II (3 Credits)
Exploration of the Army Leadership Model through classroom instruction, leadership training and mentorship. Develops knowledge and competency in physical fitness through rigorous training and experiential leadership education through leadership laboratories.
Credit Only Granted for: ARMY119 or ARMY105.

ARMY106 Basic Military Science I (3 Credits)
Introduction to the personal challenges and competencies that are critical for effective leadership and communication. Develops knowledge and competency in physical fitness through rigorous training and experiential leadership education through leadership laboratories.
Restriction: Students must meet Officer candidate criteria to participate in field training.

ARMY119 ARMY ROTC INDEPENDENT STUDY (1 Credit)
Exploration of the Army Leadership Model through group discussion, leadership exercises and research.
Restriction: Permission of UGST-Army ROTC.
Repeatable to: 2 credits.
Credit Only Granted for: ARMY119 or ARMY105.
Additional Information: Intended to impart the lecture curriculum of ARMY105 without the labs.

ARMY201 Army Leadership Development (3 Credits)
This course is an intensive examination of the Army Leadership Model in practice. The model is compared to leadership styles and techniques from government and industry and the comparative effectiveness of each. Students form their own personal leadership styles.
Restriction: Sophomore standing or higher.